



PUMPKINMAN USAT CLUB NATIONALS TCSD FAQ

CONTENTS

<i>SUMMARY</i>	2
1) <i>WHAT MUST I DO TO RACE?</i>	2
2) <i>HOW ARE POINTS SCORED?</i>	3
3) <i>AWARDS</i>	3
4) <i>WHAT ARE THE 3 RACES LIKE?</i>	4
5) <i>WILL THE RACE(S) SELL OUT?</i>	4
6) <i>HOW SOON MUST I REGISTER?</i>	4
7) <i>HOW MUCH DOES IT COST AND WHERE DO I GO TO REGISTER?</i>	4
8) <i>DO I REGISTER INDIVIDUALLY OR WILL THE CLUB REGISTER FOR ME?</i>	5
9) <i>WILL THE CLUB BE OFFERING ANYTHING SPECIAL FOR PARTICIPATING MEMBERS?</i>	5
10) <i>WHERE CAN I EXCHANGE INFO OR ASK QUESTIONS OF OTHER MEMBERS?</i>	5
11) <i>WHERE WILL THE CLUB BE STAYING?</i>	5
<i>MOTIVATION</i>	6
<i>LINKS</i>	6

SUMMARY

ATTENTION ALL ABILITY LEVELS:

RACE FOR TCSD AT THE USAT CLUB NATIONALS

On Saturday October 18th, the 2008 USAT Triathlon Club National Championship competition will be held at the Pumpkinman Triathlon at Lake Mead just outside of Las Vegas. There will be *three* separate races: Sprint distance, Olympic distance, and Half distance. You score points for your team *just by competing* in *any* of the distances, so you do not have to be fast or experienced in order to score points for TCSD! Extra points are awarded for your club for high finishes in any of the three races. For the first time we are hoping to have a large and organized presence at this National Competition. For those of you who have not done your first triathlon “road trip” yet, this is a perfect opportunity. For TCSD this event will mean a lot of social fun, camaraderie, and team spirit. The event may sell out so we will need to start organizing rosters and registration very soon.

So regardless of ability or experience, come on out, wear your TCSD colors, and join us at Pumpkinman! More info on the Pumpkinman race can be found at:

<http://www.bbsctri.com/pumpkin.html>.

Right now we are trying to get a rough count of the level of participation we can expect. If you are interested, please RSVP by going here:

ROSTER LINK:

http://spreadsheets.google.com/viewform?key=pzMQV7YZalXrW4gNE_TenYA&email=true

Frequently Asked Questions and Info

1) WHAT MUST I DO TO RACE?

To race you must be:

- A current member of your club in good standing
- Registered in one of the 3 distances (races)
- Must be an annual USAT member or a holder of a one-day license.
- On the roster of racers provided by TCSD to Pumpkinman 30 days before the race. **SO YOU NEED TO BE REGISTERED AT LEAST 1-MONTH AHEAD OF THE RACE, AND IT MAY SELL OUT.**

!!! If you are interested please fill out some info on our preliminary roster! This does not commit you to race and you do not have to be signed up yet.

ROSTER LINK:

http://spreadsheets.google.com/viewform?key=pzMQV7YZalXrW4gNE_TenYA&email=true

2) HOW ARE POINTS SCORED?

Points are scored for your club in three ways:

- 1) Podium Points: Finishing in the top 5 in your category.
- 2) Participation Points: Finishing your race!
- 3) Distance: The each club gets some points according to how far the club is away from the race site.

Details on Podium Points

- You score points for your club by finishing in the top 5 or 6 in your age group in any race.
- There will be Physically Challenged, Clydesdale, and Athena categories.
- Example:
 - Jane Doe, 1st place, female, 25-29 = 6 points
 - Dawn Ray 3rd place, female, 45-49 = 4 points

Details on Participation Points

- You score **1 POINT** for your team for finishing any of the three races **IF YOU ARE AN ANNUAL USAT MEMBER**
- You score **1/2 POINT** for your team for finishing any of the three races **IF YOU ARE A 1-DAY USAT MEMBER**
- We can score up to 125 PARTICIPATION POINTS. Which means 125 TCSD'rs with annual USAT memberships, or 250 with one-day USAT memberships, or a combination of both. **SO WE NEED YOU ALL OUT THERE.**

What does this mean?

Well, it is a USAT Competition, and this is a nice way for them to boost membership! I personally recommend joining if you can afford it (it is currently \$39). You make it up if you do 3 USAT races in a year, you get a nice USAT magazine every so often, and also get things like USAT rankings. And keep in mind that every Ironman, 70.3, Xterra, etc requires membership. Most people end up paying for at least three one day memberships in a year anyway. But the choice is up to you.

If you decide not to do the annual USAT membership, you will still need to pay the one day membership fee which covers officials and insurance among other things. It is \$10.

If you are doing a one-day membership, you can pay for it during registration for the race or at packet pickup. If you would like to sign up for an annual membership, go to:

<https://www.usatmembership.com/default.aspx>

3) AWARDS

Beside normal medals for age groupers, the top three scoring clubs in each division medal as a club! **We will be competing in the Division I category which is clubs with more than 250 members.** There are no cash prizes for the winning club, but what do we care? We would just spend it on pizza.

4) WHAT ARE THE 3 RACES LIKE?

Info on the 3 races is found here: <http://www.bbsctri.com/pumpkin.html>. There is a Pumpkinman in New England as well, so be sure you are looking at the correct race if you Google it!

Summaries:

SPRINT

750 meter swim; 12 mile bike; 3.1 mile run

COURSE MAP AND RACE DETAILS:

<http://www.bbsctri.com/racepackets/pumpkinman/pmanSprint.pdf>

OLYMPIC

1500 meter swim; 40k bike; 10k run

COURSE MAP AND RACE DETAILS:

<http://www.bbsctri.com/racepackets/pumpkinman/pmanInt.pdf>

HALFMAX

1.2 mile swim; 56 mile bike; 13.1 mile run

COURSE MAP AND RACE DETAILS:

<http://www.bbsctri.com/racepackets/pumpkinman/pmanHalf.pdf>

!!! NOTE ON THE HALFMAX: This race serves a dual purpose, and is also the Half Distance USAT championship, for which you have to qualify. You DO NOT have to qualify to race in it as part of the USAT club championships. HOWEVER THERE ARE ONLY 60 GENERAL ENTRY (non-qualifying) SLOTS LEFT AVAILABLE AS OF 5/21/08! So register SOON!

If you miss out on the general entry slots and want to see if you meet qualifying times, information is available at: <http://www.halfmaxchampionship.com/qualify.php>

Also, if you are racing it as part of the Halfmax Championships, you can also score points for TCSD!

This race includes a two day festival. The first day of the festival is FRIDAY OCTOBER 17th! This is also packet pickup.

5) WILL THE RACE(S) SELL OUT?

Most likely. There are 1,500 slots available for ALL THREE races, 750 of which are for the HalfMax. That means there are about 375 to 400 slots available for the International, and 350 to 400 for the Sprint. We DO NOT want these spots to go to other competing clubs! So this means there are only about 800 TOTAL slots available over all three races.

6) HOW SOON MUST I REGISTER?

Once you decide to go, the sooner the better. The USAT Club Nationals rotates to different regions in the country every year. This year it is in our region which means that in addition to TCSD, the OC Tri Club, LA Tri Club, Inland Inferno Tri Club, Las Vegas Tri Club, Arizona Tri Clubs, Sacramento Tri Club, etc, will all be competing for the 800 general entry slots mentioned above.

7) HOW MUCH DOES IT COST AND WHERE DO I GO TO REGISTER?

The Sprint and Olympic are both \$95 through September 15th, but most likely will sell out before then. The Half is \$205.00 through September 15th.

SIGN UP AT: <http://www.bbsctri.com/pumpkin.html>

8) DO I REGISTER INDIVIDUALLY OR WILL THE CLUB REGISTER FOR ME?

ALL MUST REGISTER INDIVIDUALLY WITH THE RACE! SHORTLY BEFORE THE RACE, THE CLUB WILL PROVIDE PUMPKINMAN WITH A ROSTER OF OUR PARTICIPANTS THAT WILL BE OUR 'TEAM.' BUT ALL MUST REGISTER WITH THE RACE ON THEIR OWN!

9) WILL THE CLUB BE OFFERING ANYTHING SPECIAL FOR PARTICIPATING MEMBERS?

YES! We will give more info as we get things finalized, but we are hoping to (at a minimum) do the following:

- 1) TCSD goody bag: For every participating club member. Contents to be determined, but you know how we love our shwag!!
- 2) Discount on Uniforms: We want EVERYONE to be racing in TCSD colors!
- 3) TCSD Hospitality Suite: Hopefully at the Lake Mead Lodge which is a few hundred feet from the start line. This will serve as meeting place, bag/bike lockup, showers, bathroom, etc for club members on race day.
- 4) TCSD Expo Booth: We will have a booth at the expo and during race day that can be our race tracking headquarters and last minute support for members. Also to show off to other clubs.

10) WHERE CAN I EXCHANGE INFO OR ASK QUESTIONS OF OTHER MEMBERS?

We have started a new forum at:
<http://Forum.triclubsandiego.org>

Use this to exchange info about lodging, ride sharing, races, or anything!

11) WHERE WILL THE CLUB BE STAYING?

There are a few options here. There are local hotels close by and also great campgrounds. We will most likely have members doing both! The Hacienda Hotel (listed below) is a great deal and is close by so it looks like many club members will be staying there.

Our TCSD Social Director James Delliquanti will be helping to organize get-togethers and activities at the race (he will be finding out that he is doing this by reading this). ☺ We are checking rates at some of these hotels below and will update the list. If anyone call some of these and gets some info regarding rates let me know at: stally@triclubsandiego.org.

HOST HOTEL: Hacienda Hotel & Casino

2 night stay: \$119.95 (mention "Pumpkinman" to get Race Rate)
US Hwy 63 Near Hoover Dam
800-245-6380

Note from Promoter: Sells out fast – book now

NOTE FROM STEVE: I booked my room using the special rate and it came to \$130 including tax for two nights. You can't beat that. However, the special rate only covers Friday and Saturday, so room prices will be higher if you stay over Sunday night.

NEARBY HOTELS

Lake Mead Lodge – 500 ft from the start line!

322 Lakeshore Rd

702-293-2074

Only 43 rooms

Note from TCSD: Fairly Spartan. Think Motel 6 from the 1950's. But right ON the lake, and fairly cheap. I also just found out they take reservations no more than 60 days out from your date of stay. So begin calling them around August 15th.

Boulder Dam Hotel – Within 3 miles of the start line!

1305 Arizona Street

18 historical rooms & 3 suites

702-293-1000

El Rancho Boulder Motel – Within 3 miles of the start line!

725 Nevada Highway

Pets welcome/Kitchenettes available

702-293-1085

For a list of other nearby hotels go to:

http://www.chamberorganizer.com/members/directory/query.php?org_id=bccc&bci=3189099

CAMPGROUNDS

The race takes place within the Lake Mead Recreation Area. T1 is very close to Boulder Beach Campgrounds. Info is below. The info in the link below says \$5 to \$10 per night.

Boulder Beach Campgrounds

<http://www.go-nevada.com/Boulder-Beach-Campground>

http://www.riverlakes.com/boulder_beach_campground.htm

Contact numbers: (702) 293-2540; 702-293-8907

MOTIVATION

Last years' winners. Columbia Multisport Club. They did a tremendous job getting their entire club out and racing.

<http://www.columbiamultisport.com/>

LINKS

Scoring:

http://www.usatriathlon.com/upload/pdfs/club_nationals_%20scoring_2007.pdf

HalfMax Info:

http://www.usatriathlon.org/upload/pdfs/nationals_2008halfmaxnationals_spectatorguide.pdf

Race Site:

<http://www.bbsctri.com/pumpkin.html>

USAT Membership:

<https://www.usatmembership.com/default.aspx>

ROSTER LINK:

http://spreadsheets.google.com/viewform?key=pzMQV7YZalXrW4gNE_TenYA&email=true